



Livdelzi[®] (seladelpar)

Mechanism of Action

This document is in response to your request for information regarding the mechanism of action of Livdelzi[®] (seladelpar [SEL]).

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Product Labeling¹

Mechanism of action

SEL is a peroxisome proliferator-activated receptor (PPAR)-delta (δ) agonist. However, the mechanism by which SEL exerts its therapeutic effects in patients with PBC is not well understood. Pharmacological activity that is potentially relevant to therapeutic effects includes inhibition of bile acid synthesis through activation of PPAR δ , which is a nuclear receptor expressed in most tissues, including the liver. Published studies show that PPAR δ activation by SEL reduces bile acid synthesis through Fibroblast Growth Factor 21 (FGF21)-dependent downregulation of CYP7A1, the key enzyme for the synthesis of bile acids from cholesterol.

Clinical Data on SEL Mechanism of Action

SEL is a potent and selective peroxisome proliferator-activated receptor δ (PPAR δ) agonist, or delpar.² There are 3 proteins within the family of PPARs: PPAR δ , PPAR α , and PPAR γ . PPAR δ is a ligand-activated nuclear receptor that regulates glucose, lipid, and sterol metabolism.³⁻⁵ PPAR δ activation reduces bile acid (BA) synthesis in the liver through fibroblast growth factor 21–dependent downregulation of CYP7A1, the key enzyme for the synthesis of BAs from cholesterol, and by decreasing cholesterol synthesis and absorption.^{3,6-8}

These actions result in lower bile acid exposure in the liver and reduced circulating bile acid levels. SEL also has positive effects on serum lipids, inflammation, and fibrosis.^{9,10}

Additionally, one of the most common symptoms in patients with primary biliary cholangitis (PBC) is pruritus. However, its origins are not completely understood. Treatment with SEL has been shown to reduce pruritus in patients with PBC, which is associated with reduced BAs and interleukin-31 levels.¹¹

Patients with moderate-to-severe pruritus who were treated with SEL experienced significant improvements in biochemical markers of cholestasis and significant reductions in patient-reported pruritus measurements.^{6,9}

References

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11. Kremer AE, Mayo MJ, Hirschfield GM, et al. Seladelpar treatment reduces IL-31 and pruritus in patients with primary biliary cholangitis. *Hepatology*. 2023.

Product Label

For the full indication, important safety information, and boxed warning(s), please refer to the Livdelzi US Prescribing Information available at:

www.gilead.com/-/media/files/pdfs/medicines/pbc/livdelzi/livdelzi_pi.

Follow-Up

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